

ALL FOR YOUTH



Share your voice

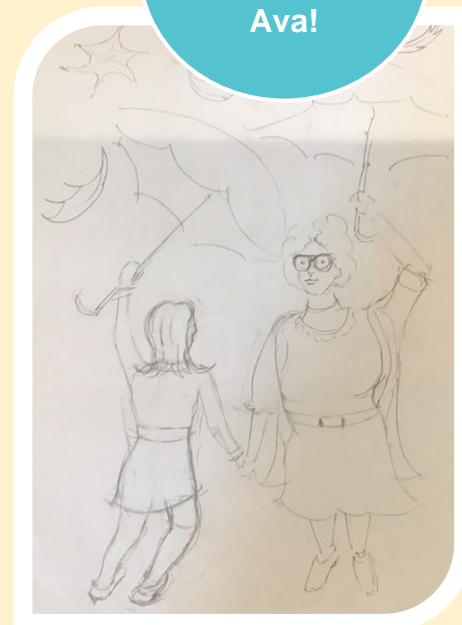
Welcome to the All for Youth newsletter!

This is a platform for you to share your voice across Westminster and Kensington and Chelsea.

Welcome to our fourth edition. In this issue you will find:

- Community **news** and a brand-new **primary corner**
- An interview and information about an online **Siblings Group**
- An article about the **London Futures Employability Programme**
- Photo **competition** and movie **ticket giveaway**

Thanks
for the
drawing
Ava!



We need your help!



Want to have your say while also meeting new people and having fun?

Then join our brand-new group for young people with additional needs or disabilities (SEN). This group will speak about important issues, plan events for young people, check information is accessible and lots more.

Are you interested in being a writer for our newsletter?

We are looking for young writers to contribute to future editions of the newsletter. You could write articles or reviews, submit recipes, artwork and photos or recommend apps, movies or places to go!

Find out more information on both groups by [emailing Marianna](#) or visiting our Young People's Participation Page [here](#).

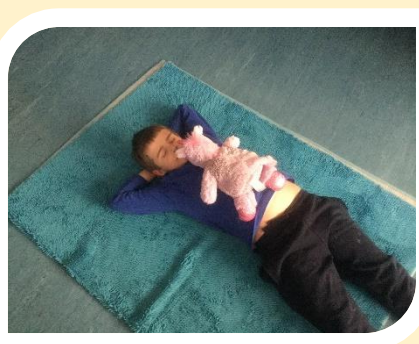
Community News

St Augustine's CE High School in Kilburn created a school garden during lockdown. Check out the before and after pictures and some of their creative artwork!

"Young people are using the garden as a way to learn gardening skills and a place to relax and spend time with nature." - Ms Aga (SEND Teacher)



Primary Corner Picture Gallery



Thanks to The Orchard at Barlby Primary School for sharing some of the things they've been doing at school this half term!



Interview with the Siblings Group

This month we spoke to Caroline and some members of the Siblings Group run by the St Quintin Centre.



Q: What is the Siblings Group?

A: The Siblings Group is for 5-18 year olds who live in Kensington and Chelsea and Westminster and have a brother or sister with a disability or SEND.

Q: When are the sessions?

A: We run a group each month. But in August, we met every Monday morning for 30 minutes physical health activities led by coach, Christopher Herbert (from [Fit for Life](#)) who is a boxer.

Q: What do you do in sessions?

A: Loads of fun things! In August, we did lots of well-being activities including My Safe Place and Recognising Emotions.

“You get to talk about your brothers and sisters, do activities and meet people who actually experience the same thing you do.”

Here’s what young people said about the group.

“Welcoming”

“I recommend the group to my friends – their brother has a disability too”

“We always do fun activities.”

Interested in joining either the 6-12yrs or 12yrs+ Siblings Group?

The next meetings will be held on these dates:

Sunday 25th October
Sunday 29th November
Sunday 20th December

Times: 10.30am-12.30pm for 6-12 years group and
1pm-3pm for 12 years+ group

For more information and to sign up email caroline.baker@rbkc.gov.uk

Spotlight on London Futures

London Futures is an employability programme for Young Londoners (18-25 years old) with learning disabilities or those feeling isolated or lonely. The programme provides a chance to meet new people, play sports and get coaching and mentoring support on career choices.

One of our London Futures sessions is delivered in Kensington and Chelsea at the Harrow Club on Wednesdays between 5pm-6.30pm (during term time).

“It helps me improve my fitness. I love coming here. I enjoy learning the employability skills and the coaches are really helpful and supportive.”

“The London Futures programme is really good. If it wasn't for James and Ryan, I wouldn't be doing anything. The programme has really helped me develop as a person and has helped me realise my potential.”

Please contact Ryan for more information
ryanjones@change4dn.org.uk

Looking for more
youth activities
in your area?

Visit the Local
Offer for
[Westminster](#) and
[RBKC](#)



Competition time

Be in it to win it!

Photo competition

Take part in our photo competition by sending us a photo of you returning to school or doing something fun in or outdoors.

The best three photos will have a chance of winning a £10 Amazon e-voucher!

How to enter: email your photo and name to Marianna by **Monday 2nd November 2020**.

[View the terms and conditions here](#)

Win cinema tickets - competition extended!

Cinema Ticket Giveaway! To celebrate the launch of relaxed screenings for young people with additional needs, our friends at Ciné Lumière in South Kensington are giving away two tickets for a screening of your choice.

For your chance to win, email your full name and age to Marianna.lill@rbkc.gov.uk by **Friday 6th November** with the subject line: Movie ticket giveaway.

For more information about relaxed screenings visit their [website](#).

Thank you to everyone who sent us photos and pictures!

We want to hear from you! Please email your images, stories, drawing, artwork, poems or anything else to this email address

Marianna.Lill@rbkc.gov.uk



[Westminster City Council Young People's Participation Page](#)

[Kensington and Chelsea Council Young People's Participation Page](#)

City of Westminster