

History Task – 12.5.20

Today we are going to travel back in time to World War 1...



During History, we will continue to explore food in the past, travelling back in time to World War 1 to find out about peoples diet.

In our previous History task, we explored food rationing and found out about the types of food people ate during World War 1.



Our History focus today is:

To study the changes in diet from the past and find out similarities and differences in our food today.

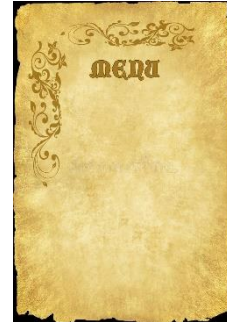
Watch this video to recap on food rationing:

https://www.youtube.com/watch?v=-Al_4qCnh3Q

Explore more information about diet and meals in World War 1 here:
<https://www.bbc.co.uk/bitesize/topics/zqhyb9q/articles/z8kv34j>

Task

Your task today is to design your own menu from World War 1. Use your research and findings to help you select appropriate meals during that time. You may like to include starters, mains and deserts. Record this on a piece of paper or in your homework book and upload a picture of your work.



Extension

Can you find a recipe for one of the dishes included in your menu. Write down the ingredients required and method to make your chosen dish!