

# FAMILY TABLE ACTIVITY - INSTRUCTIONS

You will need: light card or paper, coloured pens or pencils, glue and scissors.

## Two Place Mats to print at home

### The Tree of Peace

Colour in and decorate the tree of peace and make an attractive border. What are the roots of peace? Put them into the drawing along the roots. What are the fruits of peace? Add some colourful fruits to the tree and name those too.

### Family Peace Quiz

Decorate the border. See how many questions you can do before having to look at the answers.

### Peace Cube for the table

Print both pages with the cube diagram. If possible, use some stiff paper or light card.

Colour and decorate the squares before you cut anything out.

Then cut out the cube. Fold all the lines to make a box shape. Then fold in the flaps. Join the two pieces of the cube together by sticking the flap with the arrow on page 1 under the middle of the long side of the diagram on page 2 - shown by the arrow.

Put glue on the other flaps and stick them on the inside of the box.

Put the box on your table at mealtimes and share together a story or prayer for peace. Bon appetit!