



MIND Parent's workshops

We are happy to announce that we are organizing ZOOM psychoeducational workshops for parents and carers which are going to be delivered by Mental Health Support Team from Westminster Mind.

The workshops are an opportunity to learn more about behaviour, emotional health and how to access further support.

The workshops will be delivered on ZOOM on the dates and times shown below:

1. Understanding child's behaviour – Wednesday, the 23th of February, 10-11 AM
2. Managing child's behaviour – Wednesday, the 9th of March, 10-11 PM

It is encouraged to attend both workshops in order to gain better understanding of the topic.

In order to join the meeting go to your ZOOM app on your device and click on 'Join' and enter the meeting ID :

Meeting ID: 867 1612 8582

Or copy the below link into your browser:

<https://us02web.zoom.us/j/86716128582?pwd=a21Yb2dodDBFdU1maTRPSG9CVIIvQT09>

 **Mind**
Brent, Wandsworth
and Westminster